



# LUNCH

# JANUARY 2019

Elementary Lunch  
\$1.85

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

NO SCHOOL

NO SCHOOL

7  
Chicken Fingers  
PB&J Sandwich, Ham  
Sub, Salad Plate  
Fresh Fruit and Fruit Cup  
Rice Pilaf  
Broccoli Slaw

8  
Macaroni & Cheese with  
Dinner Roll  
PB&J Sandwich, Ham  
Sub, Salad Plate  
Fresh Fruit and Fruit Cup  
Tossed Salad  
Sweet Peas

9  
Grilled Cheese Sandwich  
Tomato Soup  
PB&J Sandwich, Ham  
Sub, Salad Plate  
Fresh Fruit and Fruit Cup  
Egg Salad Sandwich  
Green Beans

3  
Breaded Mozzarella  
Sticks with Pizza Sauce  
Steamed Carrots with Local  
Maple Syrup  
PB&J Sandwich, Ham  
Sub, Salad Plate  
Fresh Fruit and Fruit Cup

4  
French Bread Pizza  
PB&J Sandwich, Ham  
Sub, Salad Plate  
Fresh Fruit and Fruit Cup  
Tossed Salad  
Green Bean Casserole

14  
Meatloaf on Bun  
Tuna Salad Sandwich  
PB&J Sandwich, Ham  
Sub, Salad Plate  
Fresh Fruit and Fruit Cup  
Mashed Potatoes with gravy  
Sweet Peas

15  
Soft or Hard Shell Taco  
PB&J Sandwich, Ham  
Sub, Salad Plate  
Fresh Fruit and Fruit Cup  
Golden Corn  
Brown Rice  
Carrot Sticks

16  
Sloppy Joe on Bun  
Egg salad Sandwich  
PB&J Sandwich, Ham  
Sub, Salad Plate  
Fresh Fruit and Fruit Cup  
Tater Tots  
Tossed Salad

10  
Brown Rice  
Cheeseburger on Bun  
Tuna Salad Sandwich  
PB&J Sandwich, Ham  
Sub, Salad Plate  
Fresh Fruit and Fruit Cup  
Baked beans with local maple  
syrup

11  
Baked Macaroni  
PB&J Sandwich, Ham  
Sub, Salad Plate  
Fresh Fruit and Fruit Cup  
Tossed Salad  
Herb Roasted Cauliflower  
syrup

17  
Golden Corn  
Diced Chicken & Gravy over  
Biscuit  
PB&J Sandwich, Ham  
Sub, Salad Plate  
Fresh Fruit and Fruit Cup  
Local Squash Mashed  
Carrot Sticks

18  
Personal Pan Pizza  
PB&J Sandwich, Ham  
Sub, Salad Plate  
Fresh Fruit and Fruit Cup  
Steamed Broccoli with cheese  
Tossed Salad

NO SCHOOL

22  
Hot Dog or Chili Dog on Bun  
Baked BBQ Beans  
Baked Potato Chips  
Carrot & Celery Sticks

23  
Popcorn Chicken  
Sweet Tater Fries  
Tossed Salad

24  
Breaded Pork Chop with  
dinner roll  
Mashed Potatoes with gravy  
Steamed Carrots

25  
Meatball Dipper with  
Garlic Breadstick  
Tossed Salad  
Green Beans

28  
Cheeseburger on Bun  
Tuna Salad Sandwich  
PB&J Sandwich, Ham  
Sub, Salad Plate  
Fresh Fruit and Fruit Cup  
Baked Beans with Local Maple  
Syrup  
Golden Corn

29  
Chicken Fingers  
Egg Salad Sandwich  
PB&J Sandwich, Ham  
Sub, Salad Plate  
Fresh Fruit and Fruit Cup  
Sweet Tater Fries  
Steamed Broccoli

30  
Goulash with Meat Sauce and  
Garlic Bread  
PB&J Sandwich, Ham  
Sub, Salad Plate  
Fresh Fruit and Fruit Cup  
Tossed Salad  
Green Beans

31  
Tacos in a Bag  
PB&J Sandwich, Ham  
Sub, Salad Plate  
Fresh Fruit and Fruit Cup  
Brown Rice  
Tossed Salad  
Carrot Sticks

Prepayment is available.

1% or Fat Free Milk Offered Daily.

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